



I KNOW I CAN

TIPS FOR VOLUNTEERS

Here are some helpful tips for volunteers during the classroom visit.
Visit: www.acpe.alaska.gov/IKnowICan for more information & tips.

Introduction (3 – 5 minutes)

- ✚ Name
- ✚ Where you grew up (school, community, places you've lived)
- ✚ What you wanted to be when you were in 2nd grade (if you had careers in mind)
- ✚ Where you went to college(s)
- ✚ What type of degree(s) you obtained
- ✚ What jobs you have had since graduating from college or are currently doing
- ✚ When sharing about your current job, you can ask the students what they know about it

Reading the Book (10 – 15 minutes)

- ✚ Enforce the classroom rules (rules set by teachers & usually posted) during the activity
- ✚ Take turns or having one person read the story
- ✚ Encourage students to say "I KNOW I CAN" with you when you get to those parts in the book
- ✚ Point out the characters or highlight the important aspects of book, such as, choosing careers or interests by the different characters
- ✚ Ask children to find the mouse who is thinking "I KNOW I CAN" on each page

Reviewing the story (3 – 5 minutes)

- ✚ Ask what they remember about each character (including what they wanted to be)
- ✚ Ask what the characters might do to prepare for obtaining their goals/dreams
- ✚ Finally, ask how the students can relate to the story/careers or educational goals

During the final activity (10 – 15 minutes)

- ✚ Encourage them to begin drawing what they would like be when they grow up
- ✚ Walk around and talk with students about their individual drawings, help them sound out words, support, & encourage them
- ✚ Ask them how they would reach their personal goals
- ✚ Remind them good grades, reading, writing and math will prepare them for their dreams
- ✚ Take a moment aside to ask the teacher if it's ok to hand out the book at the end of the program, or if he/she would prefer to hand them out at the end of the school day.

Closing (3 – 5 minutes)

- ✚ Remind them that it is okay to make adjustments along the way in reaching their goals
- ✚ If there is time, ask students to present their career dreams to the class
- ✚ Depending on the teacher's preference, either hand out the books with the teacher, or show the children that you're leaving books with the teacher so that everyone will receive their own book at the end of the day.
- ✚ Thank them and close by saying, I KNOW YOU CAN!!! or invite them to repeat with you, I KNOW I CAN!