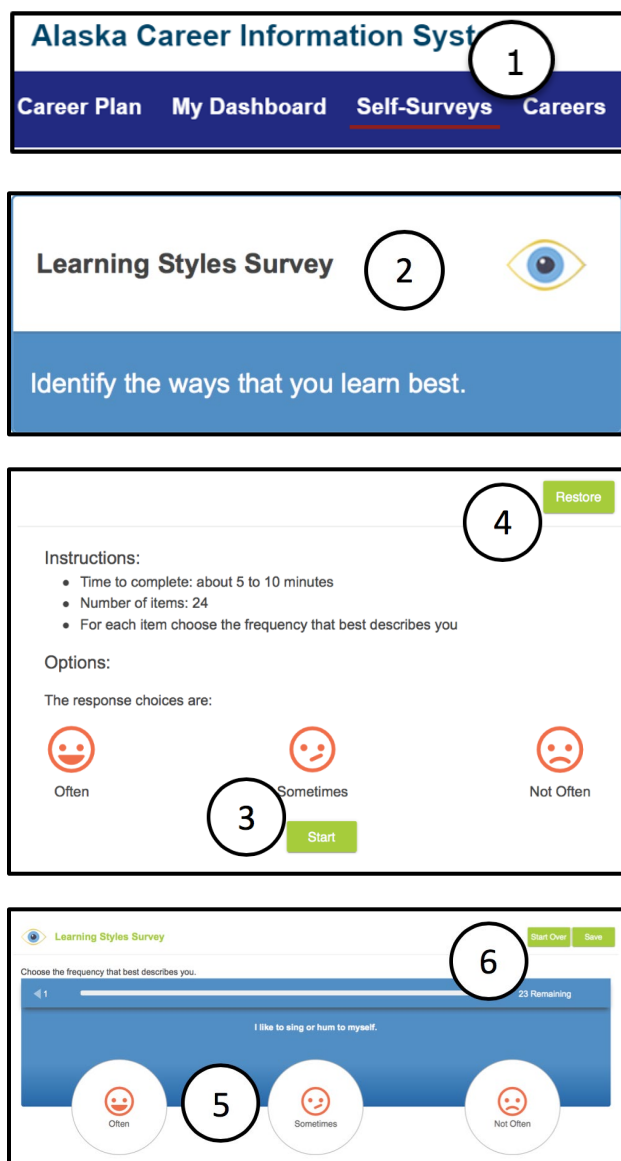


The Learning Styles Survey helps you identify the ways you learn best. Knowing more about your learning styles will make you a more effective learner. This survey will also give you study tips for your learning style.



Alaska Career Information System

Career Plan My Dashboard **Self-Surveys** Careers

Learning Styles Survey

Identify the ways that you learn best.

Instructions:

- Time to complete: about 5 to 10 minutes
- Number of items: 24
- For each item choose the frequency that best describes you

Options:

The response choices are:

Often Sometimes Not Often

Start

Restore

Choose the frequency that best describes you.

I like to sing or hum to myself.

Often Sometimes Not Often

Instructions

1. Login to AKCIS 360 and select the **Self-Survey** tab at the top of the screen.
2. Select **Learning Styles Survey**.
3. Select **Start** to begin the survey.
4. Select **Restore** to see results from a previously taken survey.
5. For each item, select the facial expression of the frequency that best describes you.
6. Start the survey over or save your progress by selecting the **Start Over** or **Save** buttons.



Know Your Learning Style
Everybody has a preferred learning style. The learning style with the highest score may be your preferred learning style. If you know and understand the way you learn, you will be a better learner.

Your Learning Style Scores

Learning Style	Score
Visual	28
Tactile	20
Auditory	18

1 Your Primary Learning Style: Visual

You learn best through your eyes. Learning is easier for you when information is presented visually. Charts, diagrams, images or written materials make concepts more clear. You prefer to learn from a book rather than a teacher who lectures. Sitting in the front of the room lets you look at the teacher and helps you focus. It may be difficult for you to complete work while talking with someone. You may like to picture ideas in your head, watch TV or videos. You probably take detailed notes.

The more you make learning visual, the better you learn!

8

Study Tips for Visual Learners →

2 Your Secondary Learning Style: Tactile

You learn best through physical experience. You are a hands-on person, probably an athlete. You like to share your opinions with others. The more you can manipulate and touch information the better. Physical activity while learning helps you remember; like working on a lab experiment, or going on a field trip. You like to doodle, eat a snacks, or move frequently to help with concentration.

The more you make learning tactile, the better you learn!

Study Tips for Tactile Learners →

3 Your Third Learning Style: Auditory

You learn best through your ears. You sit where you can hear what is going on in the classroom. You like to listen to the lesson and take notes on it later. It is helpful if you can talk about the facts and concepts you learn in class with a friend or a study partner. You may hum or talk to yourself when you are bored. You remember things through the sounds related to the experience.

The more you make learning auditory, the better you learn!

Study Tips for Auditory Learners →

7. Your results display when the survey is completed. Read the descriptions about each learning style. The learning style with the highest score may be your preferred learning style.

8. Select the arrow to view study tips for each learning style.

NOTE: You should only use the Learning Styles Survey as a general guide to your learning style.