



I KNOW I CAN

FREE digital and print resources for early college & career exploration

1st-3rd grade Early College & Career Exploration story and educational activities available for distance or in-person learning. Program materials, including copies of the book for each student can be shipped or accessed digitally. Family tips and activities encourage early success strategies.

Reading the Book

Volunteers visit with classrooms to read and discuss the story, either in-person or by connecting to a classroom Zoom with students working from home, or connecting to whole classrooms. Synchronous and asynchronous options are available. Virtual events are available where in-person events are not.

Join Murray the Moose, Ollie the Otter, Bailey the Bear, and Riley the Raven as they determine how they want to help their community when they grow up, and how college and career training fits into those plans. With guidance from their teacher Mrs. Walker, encouragement from Motivational Mouse, and dedication to working hard in school, all four friends have fun finding their pathways to college!

Tips & Tools and a brief Training Video for in-person and virtual events can be found on our website.

Student Resources

Colorful Picture Book
Structured Activities
Maze - Find the Path to College
I Know I Can Sheet Music

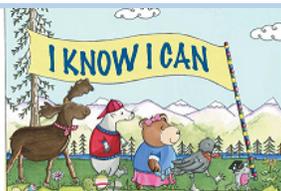
Family Resources

Discussion Questions
Family Tips
Parent Survey
Scholarship Contest

The I Know I Can program helps students build very early college and career plans while helping them practice reading, writing, spelling, public speaking, artistic creativity, and social-emotional skills.

Contact: Shelly Morgan, K-12 Specialist, ACPE at shelly.morgan@alaska.gov or 907-269-7972.

Learn more at acpe.alaska.gov/IKnowICan



Inspiring Students through Early Career Dreams

I Know I Can is designed to plant seeds of inspiration by encouraging children and their families to start thinking about college and career training from an early age. Research shows that children learn to think of themselves as having higher education and related career opportunities as early as age eight. The I Know I Can program helps open children's minds to a multitude of options and educational pathways available to them, while helping draw connections between academics and future jobs.

Artistic Expression and Public Speaking

After the story and discussion, students are encouraged to draw pictures of their career dreams. While students work on spelling and detailed drawings of their dream jobs, parents/teachers/volunteers are encouraged to help them sound out/spell their career choice and identify which core subjects will help prepare them for their job. To conclude the program, students practice public speaking as they share their career dreams aloud. Where possible, finished postcards are collected and mailed back to students two years later as a reminder of their career dreams and next steps.

Virtual Options

Virtual events allow volunteers to connect with students at home or in the classroom. Break Out Sessions are a popular option for the virtual postcard drawing activity. If Break Out Sessions aren't an option or less than an hour is available, students can complete postcard drawings in advance and share after the story, or they can complete drawings after the event. Students unable to access postcards can draw on paper or the printable coloring sheet found on the ACPE website.

Each event can be customized based on educator preferences.

Teacher Testimonials

"This was the most engaging, fun, and productive virtual session we had all year. The delivery of the material and attitude of the presenters are the main reason our students were so engaged. One student guardian let us know their student has re-read the book twice (less than an hour after the presentation concluded). He continues to say "I know I can," his demeanor at school has improved, and he has handled adversity with a better attitude. The positive affects stemming from the presentation are already being felt in our school!

– **Aniak Teacher**

"Our son is only in 1st grade and his dreams are big! This program gave him an opportunity to focus his big dreams into big goals and showed him different paths to reach those goals!" – **North Pole Parent**



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